Taith Cader Idris

Taith A - 21 milltir

Cader Idris Route

Ride A - 21 miles

Eryri - Snowdonia

Taith A - Taith Cader Idris

- Mae'r daith yn cychwyn ym maes parcio Canolfan Hamdden Glan Wnion. Wrth adael y maes parcio troi i'r dde tuag at y dre. Yn syth ymlaen gyda thop y sgwâr tuag at ffordd Arthog.
- Ymhen chwarter milltir troi i'r chwith ac i fyny Ffordd y Gader. Wedi tua hanner milltir o ddringo, cymeryd y tro nesa i'r dde a dilyn y ffordd gul ymlaen heibio i Faes Angharad, Tal y Waen a Gellilwyd cyn dychwelyd yn ôl i Ffordd y Gader.
- Troi i'r dde ac wedi dringo ychydig troi i'r chwith ger Rhydwen. Teithio ymlaen ar y ffordd yma am tua dwy filltir a chroesi'r bont dros Afon Aran. Teithio'n syth ymlaen ac yna troi i'r dde ar y gyffordd ger llaw y bwth ffôn. Teithio ar hyd y ffordd yma i fyny'r allt serth a throi i'r chwith lle mae Ffordd y Goedwig yn croesi'r ffordd sirol.
- Teithio ar hyd ffordd y goedwig, gwyro i'r chwith ar y gyffordd ac ymlaen trwy Tir Stent tuag at Tabor. Wrth ddychwelyd i'r ffordd sirol troi i'r dde. Troi i'r chwith ar y gyffordd nesa ac yna troi i'r dde (argymhellir i'r beiciwr dibrofiad, ddod oddi ar ei feic i groesi'r ddwy gyffordd yma nes bydd darpariaeth arbennig wedi ei adeiladu fel rhan o'r gwelliant ffordd).
- Teithio ymlaen ar yr A470 a throi i'r chwith ar y gyffordd nesa. Ymhen tua milltir gyferbyn â Ffermdy Caerynwch troi i'r dde ar hyd yr hen ffordd a'i dilyn drwy'r caeau nes dychwelyd i'r ffordd sirol ger Brithdir. Troi i'r dde ger Capel Brithdir ar y B4416 a gwyro i'r dde pan fo'r ffordd yn troi'n sydyn i'r chwith ynghanol y pentref. Dilyn y ffordd yma ymlaen trwy Bryncoedifor nes cyrraedd y gyffordd gyda'r A494.
- Teithio yn ôl tuag at Ddolgellau cyn cymeryd y tro cyntaf i'r dde tuag at Llanfachreth. Gwyro i'r chwith ar y gyffordd nesa yna yn syth ymlaen ar y pedair cyffordd ganlynol nes cyrraedd Llanfachreth. Wedi mynd heibio'r eglwys gwyro i'r dde yn hytrach na mynd ar hyd y ffordd tuag at Ddolgellau. Ceir gelltydd serth am dros filltir ac mae angen gofal arbennig yma. Croesi'r groesffordd nesa a theithio ymlaen tuag at Glasdir, troi i'r chwith a dilyn y ffordd wastad sydd gyferbyn ag Afon Mawddach.
- Wedi dringo rhyw ychydig bydd angen troi i'r dde ar y gyffordd nesa ac yna troi i'r chwith ar y gyffordd sy'n dilyn. Wedi teithio ymlaen am ychydig mae darpariaeth i feicwyr yn rhedeg gyfochrog a'r A470, cyn gwyro i'r chwith a dilyn yr hen ffordd i'r dre. Troi i'r chwith ar y gyffordd nesa a theithio ymlaen heibio Coleg Meirion Dwyfor a swyddfa'r heddlu nes cyrraedd y Bont Fawr.
- Troi i'r dde a chroesi'r bont, teithio ymlaen a throi i'r chwith tua'r De. Teithio ymlaen a dilyn yr arwyddion yn ôl i faes parcio Glanwnion.

Ride A - Cader Idris Route

- The Glanwnion Leisure Centre in Dolgellau provides the place of departure. Proceed from the car park passing the Fire Station and bus station to the junction. Turn right and cycle towards the town centre. Arriving at Eldon Square continue straight across the top of the square and along the road for Arthog.
- Continue straight ahead for about a quarter of a mile. Turn left to ascend Cader Road. After climbing for half a mile take the next right turn. The narrow lane passes the farmhouses of Maes Angharad, Tal-y-Waen and Gellilwyd. Eventually the circular lane network will return you to Cader Road.
- Turn right ascending for a short distance to turn first left near the dwelling showing Rhyd Wen on its name-plate. Proceed along this road for approximately two miles crossing a bridge over Afon Aran. Continue straight ahead to the next junction identified by its phone booth. Turn right and cycle along this road ascending a steep hill turning left where the forest road crosses the county road.
- Continue along the forest road bearing left at the next junction. Proceed onwards through Tir Stent towards Tabor. Upon reaching the county road turn right. You will descend to the junction with the A470/A487. Taking special care turn left and cross over onto the A470 and continue right. (Please note: if inexperienced dismount and wheel your bike across the two junctions. A special cycle provision is under development as part of a proposed road improvement scheme).
- Proceed along the A470, ignoring the old bridge on the left, to turn first left. Continue for approximately one mile. Close to Caerynwch farmhouse go right along the old road. Continue using the field track before returning to the county road on the outskirts of Brithdir. At Brithdir chapel turn right onto the B4416. Keep to the right as the road turns suddenly to the left in the centre of the village. Follow this road on to Bryn Coed Ifor arriving at the junction with the A494.
- Cycle back towards Dolgellau along the A494. Importantly take the first right turning signed for Llanfachreth. Bear left at the next junction, and straight ahead through the next four junctions reaching Llanfachreth. Go past the church bearing right. Avoid going straight ahead along the road to Dolgellau. The terrain is hilly and care is warranted. Across next crossroads and straight ahead for Glasdir. Turn left to follow the level road running above and adjacent to Afon Mawddach.
- Climb for a short while prior to turning right at the next junction. Continue taking the next left at the following junction. After a short while the route links to a cycling provision running parallel to the A470. Where the provision ends bear left onto the old road to Dolgellau. Proceed along the highway passing Meirion-Dwyfor College and the police station arriving at Bont Fawr bridge providing access to the town centre.
- Turn right taking care whilst crossing bridge. Keeping to left enter the town's one-way system. Cycle onwards following the signs for the Leisure Centre and car park.